



## Four Things to Look for When Choosing an In-Home Caregiver Agency

Navigating in home care can certainly be overwhelming. From small, mom-and-pop type of agencies to nationally accredited corporate ones, the options are endless as to selecting a company. So, how do you choose? What do you look for when interviewing agencies? Do you stick to the numbers and choose the cheapest option? Whether you need in home care following short term stay rehabilitation, or you're looking for more assistance while caring for your aging parents, here are four things to

consider when choosing an in-home caregiver agency.



### How Long Has the Company Served the Community?

Before you look at costs, look at how long the company has been in business and has been serving the area. Newer companies have not had the opportunity to establish themselves in the market, and while this is not necessarily bad, more established companies come with stronger references. Take note of how long the company has been serving the community when reading

reviews and researching options.

### What Services Do They Provide?

Consider what services are needed in your home. Do you need assistance with activities of daily living (bathing, dressing) or assistance with medication? Perhaps you only need meal preparation assistance or light housekeeping. Have you recently had a hospitalization and are nervous to recover alone in your home? Are you looking for a companion to spend time with your parent while you run errands? Write down your care challenges and look for an agency that meets your personal needs.

### What are Others Saying?

Today, reviews of agencies are accessible online. Scroll through reviews found on the agency's website, as well as their social media sites like [Facebook](#). It is also important to ask for references from medical professionals. Be sure that the agency can provide you with contact information or

letters from both medical professionals and clients. The best referral however is often neighbors or friends. Reach out to others in your circle for recommendations.

### **Can I Meet My Caregiver?**

Finally, ask if you can meet your potential caregiver or care team. It is important that you feel comfortable with the person or persons who will be providing services in your home. While meeting the agency office staff is important, it's the frontline staff that you will interact with the most. Remember, you're the client and have the right to choose who you want to invite into your home.

Visiting Angels understands that choosing an in-home care agency is overwhelming and exhausting. We're here to help you navigate the options. We would love to come alongside you and have a conversation with you about the services and care we offer. Our team works with each of our clients to provide services that are individualized to meet their personal needs. [Give us a call](#) to set up a consultation.

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