



CREATIVE ENGAGEMENT PARTNERS  
SUN LAKES



Sun Lakes United Methodist Church  
Sun Lakes, Arizona



## Has this ever happened to you or someone you know?

An unexpected fall ... an unexpected consequence?

A diagnosis that has rocked your world?

Caring for family and can't keep up?

The sudden death of someone close?

You KNOW you need to get paperwork in order.

Things feel like they're spinning out of control and you just need a little direction?

You just don't know what to do first!



**Sun Lakes Coalition of Care Invites you to...**

**FINDING THE KEYS TO MOVING FORWARD**

**Providing a checklist of what you need to have in place  
to keep a change from becoming a crisis**

**REGISTER  
TODAY**

Thursday, August 18th, 1:00 - 2:30 p.m.

Sun Lakes United Methodist Church

**SEATS ARE LIMITED RSVP to 480-203-8548**

**or email: [elaine@visitingangelsaz.com](mailto:elaine@visitingangelsaz.com)**

*We've seen over and over that the smallest change can lead to a crisis. Successful aging is a process; finding the keys is a journey. The first step is your buy-in and commitment to the process.*

*Without that, moving forward isn't possible.*

*Join Elaine Poker-Yount, CDP and Aging Advocate as she helps you navigate what comes next.*



Successful Aging AZ

