



Chandler • Arizona
Where Values Make The Difference



“THINGS NOBODY TELLS YOU AS YOU AGE”

Join us to learn the Top 10 Ducks you should have in a row to navigate the aging process as successfully and gracefully as possible

Friday, March 20, 2015

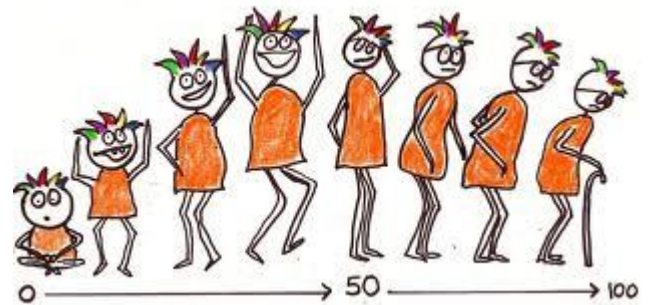
10 a.m.

Chandler Senior Center

202 E Boston St, Chandler, AZ 85225

480-833-8247

elaine@visitingangelsaz.com



Please RSVP so there will be enough resource materials for all

- Are you noticing changes in your health, your mobility or your energy level?
- Are you noticing your spouse beginning to struggle with the effects of age or deteriorating health?
- Are your parents having some difficulty living by themselves, driving, keeping their home clean, or managing their doctor appointments and medications?
- Have you ever not dealt with a difficult later life topic thinking, “Oh, my kids will handle it?”

If you nodded your head or said yes to any one part of these questions, join Elaine Poker-Yount, Community Liaison for Visiting Angels – East Valley, as she enlightens you with critical “need to know” information. Infused with humor, but filled with tangible, usable information, Elaine will provide answers as she clarifies common misconceptions, helps you identify key decision making indicators, and simply equips you with pertinent information so you can reduce your stress level and find the right options for your family.

Are all of your ducks in a row?



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