



Angel of the Month: Mical Coriolan

Since joining **Visiting Angels** Newton/Canton two years ago this January, Mical Coriolan has consistently shown why she is an outstanding caregiver. She has assisted twenty-two of our clients with great skill, a loving heart, and professionalism. For these reasons, we are delighted to award Mical Angel of the Month for February 2022.

Mical shares a special bond with Bill Gillitt, whom she has been assisting since he began services with us in June 2020. Bill has been a painter and architectural designer throughout his professional career. At ninety-two, he continues to create architectural designs for clients and still enjoys painting artwork from his home. “Bill is a remarkable man.” Mical shared. “He is incredibly kind and makes sure I am comfortable. He will occasionally ask me to assist him on his creative projects.”

Bill’s Case Manager, Susan Saris, understands the impact Mical has on our clients’ lives. She is so happy Mical is being celebrated this month and has a special message for her. “You are indeed an extraordinary caregiver who not only has the skills to provide excellent support to our clients, but more than that, you have a huge heart and care deeply about their welfare,” Susan said. “I know that Bill is in the most capable and loving hands when you are with him. Mical, thank you for all you do. You are a gem, and it is a pleasure to work with you. We are so fortunate to have you on our team.”

Like many of our top caregivers, Mical was referred to **Visiting Angels** Newton/Canton by one of our caregivers. This time, her sister Berthide Chaudry, who has been a member of our team since 2014, referred her. “My sister told me how much she loves working for **Visiting Angels** and recommended I apply,” Mical explained. “Elizabeth was initially the Case Manager for Bill’s case. I adore her! She can always make me laugh and is so fun to talk to when I feel a bit stressed. Elizabeth has helped me to navigate challenging cases in the past. She and Susan are both very kind and thoughtful.”

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A Genuine Angel

Case Manager Elizabeth Quagraine also shared her praises for Mical. “I have worked regularly with Mical over the past couple of years, and she is very flexible and accommodating,” Elizabeth said. “She pitches in when needed and truly enjoys her job. Mical takes pride in her work and values her time with our clients. Not long ago, we had an emergency fill-in shift for an hour to assist our client getting into bed. She was willing to go just to help him. She is a real team player and an excellent caregiver who does her work from her heart.”

Professional Background

Mical’s decision to pursue a career in either healthcare or as a professional caregiver came at a young age when she was still living in Haiti. In her twenties, she cared for her grandfather, who had prostate cancer. Ten years later, after moving to the United States with her family, she helped her grandmother, who lived to be almost one hundred years old.

Before becoming a caregiver in 2004, Mical made sure she had the education to support her in that endeavor. She earned her medical assistant, x-ray technician, and Home Health Aide certifications. She assisted several private clients before joining our team. Mical has sought out and completed various training programs specializing in dementia and Parkinson’s disease care. “It has been very fulfilling to assist the elderly over the past eighteen or so years,” Mical shared. “I have gained so much from my time assisting each person, making sure they are safe and at ease.”

Mical also worked in business as manager of Virtu Lounge, which she owned with her former husband in Georgia from 2016 to 2018. Mical has been attending online classes through Strayer University and is one course away from obtaining a bachelor’s degree in Business Management. “My long-term goal is to develop and own a business,” Mical said. “I have many ideas I am considering and haven’t settled on one yet.”

Words of Wisdom

When asked what advice she would offer to others in the field or those who are just beginning their career, Mical said, “It is crucial that you are confident in yourself and your skills. Be kind and patient to your client and always carry yourself professionally.” She added, “Show love and compassion for the people you are helping. And learn as much as you can about their ailments and needs. If your client is agitated due to dementia or another cognitive health condition, give them space and allow them to calm down, then sit with them and speak with them gently to reassure them.”

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On a Personal Note

Mical has a daughter who is a freshman in high school and a son in middle school. She enjoys reading books and watching documentaries at home in her free time. Mical is a member of the Golgotha Seventh-day Adventist Church in Boston. She loves to take her children out to restaurants, skating, and new adventures whenever possible.

With Great Appreciation

Mical, we are deeply honored to award you Angel of the Month for February 2022. Your compassion, expertise, and commitment to our clients are genuinely appreciated. You are a valuable member of the **Visiting Angels** Newton/Canton team, and we hope you will continue to work with us for years to come.