



Angel of the Month: Nosa Ogbemor

We are thrilled to award Nosa Ogbemor Angel of the Month for June 2022. She has been a member of the **Visiting Angels** Newton/Canton team since 2006 – just recently celebrating her 16th anniversary! Nosa’s experience as a skilled caregiver and long-term commitment to **Visiting Angels** make her well deserving of this honor.

Nosa has been a calming and reassuring presence for many of our clients. She attended our Dementia Care program and other training to ensure her skills are up to date and relevant. There is also the fun and outgoing side to Nosa, who rarely misses a caregiver celebration event! Her enthusiasm, joy, and authenticity have been valued by clients and staff alike. Nosa has cared for sixty-eight clients since joining our team. All of our case managers have had the pleasure of working with her on many challenging cases. She is currently working consistently with two case managers on their cases and accepts fill-in shifts for another.

“I love **Visiting Angels** Newton/Canton and have always felt the love back from the staff!” Nosa said. “Every case manager, through the years, has treated me with respect and concern. And I truly appreciate that each of them has asked me what I am comfortable with and put effort into introducing me to clients before assigning me shifts. All the support I receive makes me care even more about each client I help.”

Nosa thinks highly of **Visiting Angels** Newton/Canton, mainly because of the quality case management team she has worked with over the years. “Susan is one of the best case managers you will ever find. She is kind, patient, and thoughtful. She wants to understand your needs and evaluate which cases best fit your personality and experience level,” Nosa said. “Elizabeth has a phenomenal heart! I was completely inspired when she became a case manager for **Visiting Angels**. She can convince me to take any shift, but it is because she cares so deeply about providing

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the best services to our clients. And Julie is so compassionate and understanding. She takes the time to train you on the particulars of a case and will put you at ease at a client introduction. Julie communicates carefully and is invested in your success.”

An Ideal Angel

For Elizabeth, Nosa is pure perfection and every case manager’s dream. “She accepts the shifts I offer without complaint despite the distance or level of difficulty of a case,” Elizabeth said. “She is willing to work with any client despite their pet size or the case’s complexity. Nosa is kind, caring, and has a professional demeanor – no situation rattles her. She forms authentic relationships with clients and finds innovative ways to manage unexpected issues that arise. Nosa updates me on any changes and is always helpful with recommendations and modifications to our clients’ care plans. She has accepted last-minute shifts countless times and works seamlessly with other caregivers. Nosa is the ideal Angel and truly worthy of being recognized as our Angel of the Month!”

Case Manager Susan said, “I am genuinely delighted to be honoring Nosa today as our Angel of the Month! I have worked with Nosa for many years and know I can rely on her judgment, skills, and professionalism with our clients. She is steady, works well with others as part of a team, and provides essential feedback I know I can trust. Over the years, Nosa has made beneficial suggestions concerning our clients’ safety and has provided insight into often complicated family dynamics. She is responsible, reliable, and committed to her profession as a caregiver. Working with Nosa is a pleasure, and we are truly fortunate to have her on our team. Congratulations, Nosa, a well-deserved honor!”

Director of Client Services Julie shared, “Working with Nosa through the years has been an absolute pleasure. I know our clients are well cared for when she is with them because she is personable and provides excellent support. Her positivity and joyful smile put our clients and their families at ease. You are truly valued by other caregivers and staff alike.”

Professional Background

Nosa’s passion for becoming a professional caregiver stretches back to assisting her grandparents, who lived with her family in Nigeria. She took on many responsibilities caring for them. “I bathed and groomed my grandmother and helped both of my grandparents when I was young,” Nosa said. “I found my passion for caring for seniors through this experience and knew caring for others as a profession would be meaningful in my life.”

Nosa’s late husband arranged for her to come to the United States while pregnant with their son. “I lived with my oldest brother in Texas until my son was born and moved to Massachusetts in 2002, where I have relatives and many friends,” Nosa shared. “I left my two daughters in Nigeria with my parents, who were retired educators, and brought my son to Nigeria when he was a toddler so I could work as much as possible. I sacrificed everything for my children and family to provide for them,” Nosa explained.

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“My first job in Massachusetts was at a rehabilitation center. They provided me with training through the Red Cross to obtain my CNA license. I worked there in various positions until I moved on to a human services organization, where I received my Medication Certification. I am still a Residential Counselor there, where I have remained since 2007.” Nosa emphasized, “**Visiting Angels** Newton/Canton is the only home care agency I have ever worked for, and I am honored to have assisted so many clients through the years.”

Words of Wisdom

After 16 years with us, Nosa has plenty of advice for new caregivers joining the **Visiting Angels** Newton/Canton team. She said, “You must love yourself and take care of yourself first to provide your clients the best care possible. Some caregivers bring their stress and baggage to work – leaving all negativity at the door is crucial so you can focus on doing the best job possible for the people who rely on you. In the age of social media, it is easy to get distracted and check your phone, especially for the younger generation. I recommend you tell yourself that when you are with a client, you will wait until you are on a break to look at your phone unless you need to speak to the office about your client. You should look for training opportunities to strengthen your skills, and don’t hesitate to ask your client’s case manager for advice if you have a question or need support.”

On a Personal Note

Nosa was able to bring her children to Massachusetts fourteen years ago. She worked hard to provide a beautiful home for them all to live together. Nosa and her kids enjoy cooking, shopping, and taking trips. They recently surprised her with a vacation to Dubai and then London to visit her sister.

“My children help support our family back home and are so thoughtful and loving. My mother will be ninety years old in November – we all ensure she is well cared for and show our appreciation for all of hers and my late father’s efforts. My children learned the meaning of sacrifice, education, and hard work from their elders. My oldest daughter is a psychologist working on her master’s degree, and my middle daughter has a master’s degree in finance. She works as an accountant at a financial firm. My son is working towards his degree in business at university. I am incredibly proud of each of my amazing children.”

Nosa enjoys attending various celebrations with the Nigerian community in her area. “There is a hall where people have birthdays, graduations, and other parties,” she said. “I love celebrating with friends and family.”

With Infinite Gratitude

Nosa, it is a great honor to award you Angel of the Month for June 2022 and have you as a valued member of the **Visiting Angels** Newton/Canton team. Your professionalism, empathy, positive attitude, work ethic, and love for your job are vastly appreciated. We thank you for all you do and look forward to working with you for years to come.