



Angel of the Month: Zebiah Sempala

Zebiah was born and lived in Uganda until 2006, when she immigrated to the United States, initially living with her daughter in Ohio. Zebiah moved to Massachusetts in 2009 with the support of her pastor and church, The New Life International Christian Center. She is the mother of six adult children and has twenty-one grandchildren. She has three grandchildren in the U. S., and the rest of her family live in Uganda. Zebiah visits her loved ones back home at least once a year, with many video chats and phone calls to keep up with her grandchildren while they are apart.

Zebiah was a midwife in Uganda for twenty years. She also worked at the local immunization clinic, which helped her to revisit the mothers and babies she delivered. Caring for others is in her nature, and she feels grateful to be able to use her heart and skills to have helped so many people through the years. Becoming a CNA and caregiver was an easy decision for her when she moved to Massachusetts, where she has enjoyed caring for the elderly and gaining tremendous experience in the home care field.

Zebiah is a dedicated member and usher at her church. She attends many events and classes during the week and services on the weekends. Zebiah has found a second family within her church, which has a fellowship of many people native to Uganda. The services are spoken in English and Luganda.

Zebiah has had 43 Client cases since she came on board with Visiting Angels Newton/Canton. She developed a beautiful bond with one of her Clients, who sadly just recently passed. Zebiah began working with her Client in May, and within that short time, she was treated as if she were a member of the family. She and her Client enjoyed lengthy conversations on each shift. Zebiah

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will remember fondly watching Red Sox and Patriots games with him. She also made sure he kept up his exercise routine on each visit. As his health began to decline, she quickly adapted to his new needs and used her skills to keep him as comfortable as possible.

Kit Jennings, the Case Manager for this case, appreciated that Zebiah was noting the changes in their Client's health on each shift, and would discuss her concerns with Kit regularly. Their Client's two sons and daughters-in-law, though living out of state, were regular visitors and often spoke with Kit and Zebiah about their father's health and wellbeing. Kit fondly recalls their Client often asking Zebiah to, "Just move into the house, so you don't have to leave." Kit stated, "Their relationship was a blessing to me, and Zebiah's feedback was priceless." Kit greatly valued her responsiveness with phone calls and attention to details.

Thank you, Zebiah, for your compassion, knowledge, and commitment. We are grateful to have you as part of our team at Visiting Angels Newton/Canton and look forward to working with you for years to come.