

Home Health Care Helps You Lead a Healthier, Happier & More Independent Life

Home care provides people with health care and health-related services in their place of residence. As a result, many people of all ages can lead healthier, happier, more independent lives.

The Origins of Home Care

According to the Indiana Association of Home and Hospice Care the hospital as we know it today is a relatively modern institution as the home was always a primary site for health care in the past. The first home health care agencies were started in the 1880s. Many of the visiting nurses from these pioneer agencies served immigrant populations who had limited or no access to health services.



Pictured above: Lydia Metz, Indiana's first homecare nurse

Today there are more than 33,000 home care agencies and hospices. The services they provide range from personal care services, respite services for family caregivers, medical equipment and supplies to more sophisticated services that include therapies. The future promises to make even more services available in the home thanks to continuing advances in technology such as home telehealth.

Home Health Care Keeps It Personal

Home health care is a very personal form of healthcare, as a unique treatment plan is developed for each patient. By working in the patient's home environment, the health care provider can gain valuable insights to improve treatment and help the patient live a healthier, more independent life.

Patient and family education are an important part of home health care. The involvement of the patient and family members in the treatment plan often improves the effectiveness of the plan.