# Visiting Angels NEWSLETTER

Dear Friends,

Summer is finally here! After many months of cold weather, ice, and snow, the sun has emerged from winter's tight grip. We are so grateful to be able to bring in this new season with the people we love and care for at Visiting Angels of Plymouth.

There have been some exciting things going on at Visiting Angels Plymouth including a new face in the office and a compelling new program we are going to be offering around the community. It is called the 'Silver Surfers' Program and you can read all about it in the following pages! Additionally, our caregivers have been working hard to become certified 'Dementia Care Specialists' in order to best serve the individual needs of each one of our clients.

As always, we appreciate your confidence in us and our caregivers. We are continually trying to raise the bar in homecare and welcome any feedback about our services. Even if you'd just like to drop us a line to say hello, we'd love to hear from you!

-Visiting Angels Plymouth



20 14 SUMMER

734-661-2850



## The Results Are In...

Visiting Angels Plymouth was awarded with Best of Home Care Provider of Choice in 2014. We are honored to be able to serve our community!

"I would recommend this agency because I thought everybody was a great caregiver. They were always reliable, responsible, and here on time."

"I am happy with Visiting Angels. The girls are honest; I don't have to worry about my stuff or them doing a good job with my dad."





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#### **About Sandy**



## A Strong Leader with a Caring Spirit!

Sandy has led and managed teams in a variety of service industries over the past 25 years including education, hospitality, & ministry. She believes her strong work ethic and experience in the ministry is the reason she is with Visiting Angels. She has a great desire to connect with our clients and families and encourages them to reach out to her with any needs they may have.



## Manages Many Roles and Responsibilities

At the office, Sandy is responsible for managing the overall operation of Visiting Angels Plymouth. She oversees and manages a variety of things including the quality of client care, client-caregiver relationships, client-office relations, marketing efforts, and community outreach programs. She is a natural born leader and has a strong sense of integrity. We are lucky to have her!



# A NEW ANGEL!





Sandy-Team Leader

#### Silver Surfers Program

In an effort to help seniors around the community get comfortable with the ever-changing world of technology, Visiting Angels has launched a program called "Silver Surfers" that will help them learn to "surf the net".

Our plan is to connect with our clients and other older Americans around the area to teach them some of the more popular tech tools including text messaging, Facebook, Skype, and the Internet.

These days many seniors are staying connected with their families through technology. The intent of the Silver Surfers Program is to help bridge geographical and generational gaps by encouraging our clients and our local community to stay engaged with their loved ones and remain an active part of their lives.

This program is especially helpful for people who have family members who don't live close by in that it provides a convenient way to engage and communicate. We are excited about reaching out and giving back to the communities around us!



#### The Internet

A recent study shows that by surfing the net, seniors can reduce depression by 20 percent. Other studies show that using social media such as Facebook can improve mental cognition and memory.

It is our hope that by helping to teach people in the commuity to use these tools, we can improve their lives and overall wellness in many positive ways.

Please feel free to contact us for more information about the Silver Surfers program!

### Consider This:

- More than half of seniors over the age of 65 are using the internet.
- 1 in 3 seniors over the age of 77 are turning to the internet to stay connected.
- Nearly 9 in 10 online seniors use email.

