



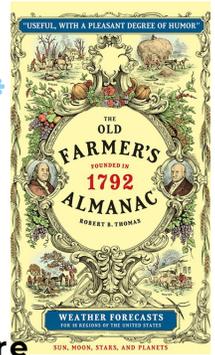
# VISITING ANGELS TIMES

APRIL 2021



## THE OLD FARMER'S ALMANAC

Founded in 1792, the Farmers' Almanac mixes a blend of long-range weather predictions, humor, fun facts, and advice on gardening, cooking, fishing, conservation, and other topics.



The Old Farmer's Almanac publishes four editions per year. Its annual circulation is 3 million copies.



It's accuracy has been challenged by some over the years because most predictions are forecasted 18 months in advance



## EASTER APRIL 4



## APRIL SHOWER BRINGS MAY FLOWERS

In April you can still plant  
Bare root perennials  
Summer blooming annuals  
Flowering shrubs and citrus

Enjoy the Summer Beauty!



Pueblo's COVID hotline, 719-583-4444, remains open, offering information on local health and business operations concerns regarding the pandemic. Testing now at the Pueblo Mall Location

## We Care Every Day in Every Way

Visiting Angels Pueblo



### Rest assured! Visiting Angels Are At Your Door!

Visiting Angels provides seniors and adults with the needed assistance to continue living at home. With our local agency in your community and hundreds of Visiting Angels agencies across America, our mission is to maintain the independence and familiar surrounding for those in need of care.



Christine April 13  
Hannah April 21  
Billie Jo April 22  
Carissa April 26  
Christina B April 28

### Why join us:

- Available 24 hours /7 days per week
- More than just senior care
- Personalized plans to fit your needs
- Choose your caregiver
- Comprehensive background check on all employees
- Experienced Caregivers
- Making relationships
- Best in Home Care
- Providing "Peace of Mind" since 1998 across America

## FREE CONSULTATIONS

(719) 543-4220



- Bathing/Dressing Assistance
- Grooming
- Assistance with walking
- Medication reminders
- Errands/Shopping
- Light Housekeeping
- Meal preparation
- Friendly Companionship
- Respite care



For further details, call is at (719) 543-4220

# 543-4220

2628 N. Elizabeth St  
Pueblo, Co 81003

## Free Consultations



QUALITY AT HOME CARE





*Pigs in a blanket*

### Ingredients

- 1 tube (8 Oz) refrigerated crescent rolls
- 8 hot dogs
- 1 egg, lightly beaten

### Directions

Preheat oven to 375\*.  
 Separate crescent dough into triangles. Place hot dogs at wide ends of triangles and roll up. Place on ungreased baking sheet. Combine egg and water, brush over rolls. Sprinkle with Caraway over tops press lightly  
 Bake 12-15 minutes or until golden brown.

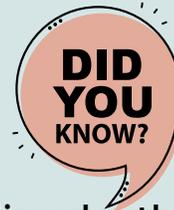


# Parkinson's Awareness Month

## April is Parkinson's Awareness Month

### Signs of Parkinson's Disease

- Tremor
- Slowed movement
- Rigid Muscles
- Impaired posture and balance
- Loss of automatic movements
- Speech Changes
- Writing Changes



Parkinson's disease is a brain disorder that leads to shaking, stiffness, and difficulty with walking, balance, and coordination. Parkinson's symptoms usually begin gradually and get worse over time. Medication and therapies can help with the side effects of the disease. There is no known cure for Parkinson's Disease. See your doctor regularly to keep them informed of any changes in your health.

Music Therapy for Alzheimer's patients. Singing **songs** can provide emotional and behavioral benefits for people with **Alzheimer's disease** and other types of **dementia**. Musical memories are often preserved in **Alzheimer's disease** because key brain areas linked to musical memory are relatively undamaged by the **disease**.

## Now Hiring

## Be an Angel

# 543-4220



Getting started with home care is as simple as calling us

HOME CARE  
PUEBLO  
COLORADO



VisitingAngels  
 Your Life.  
 Your Way.  
 Your Home.



719-543-4220