

COVID-19 isn't the only thing you can get this time of year. Help prevent the spread of colds, flu and other viruses

HIGH TOUCH SURFACES TO DISINFECT DAILY



TABLES
COUNTER TOPS
LIGHT SWITCHES
DOORKNOBS
REMOTES
DESKS
HARD-BACKED CHAIRS
COMPUTERS & KEYBOARDS
PHONES
TABLETS
TOILETS
SINKS

TIPS FOR CLEANING AND DISINFECTING



USE EFFECTIVE SOLUTIONS SUCH AS:

- EPA-REGISTERED HOUSEHOLD DISINFECTANTS
- DILUTED HOUSEHOLD BLEACH SOLUTIONS
- ALCOHOL SOLUTIONS WITH AT LEAST 70% ALCOHOL

IF SURFACES ARE VISIBLY DIRTY, FIRST WIPE TO CLEAN THE DIRT WITH DETERGENT OR SOAP & WATER. THEN APPLY DISINFECTANT.



WHEN YOU SPRAY DISINFECTANT, LEAVE THE SURFACE WET FOR AS MANY MINUTES AS LISTED ON THE BOTTLE BEFORE WIPING AWAY. THIS COMMONLY MISSED STEP IS KEY IN ALLOWING THE SOLUTION TO WORK.

HELP US PREVENT THE SPREAD OF COLDS, FLU AND OTHER VIRUSES

Flu and virus season is here, so take precautions to avoid catching or spreading viruses. Follow these steps to stay healthy:



Wash your hands and use hand sanitizer frequently.



Don't share food, utensils, water bottles or cups.



Avoid those who are ill, if possible.



Clean high-touch surfaces such as doorknobs with antibacterial bleach wipes.



If you are sick, stay home and rest.



Here are some helpful hints on protecting yourself

- 1) Get Vaccinated (flu)
- 2) Wash Hands
- 3) Cover mouth and Nose
- 4) Avoid sick people
- 5) Avoid touching eyes, nose, mouth
- 6) Good health habits
- 7) Clean touched objects routinely
- 8) Exercise
- 9) Smile more often



Make sure before entering a client's home you have your mask on, you have taken your temperature and have followed protocol given by the office. When you begin shift, make sure to disinfect all door handles, countertops, light switches and anything that is touched regularly. Don't forget to clean your phone (you use it to clock in/out)

Safety is our #1 priority



Lisa from the office participated in "Over the Edge" on July 25th. Rappelling down the Thatcher Building for child advocacy

Just another reminder to check your email for trainings that need to be taken. If you have moved, please call the office to update your address. Same thing goes for a new phone number or email address. These are the methods we use to contact you. Plus, we send you invites to fun events (when they happen), company updates and send you the newsletter through the email process.

Office number is 719.543.4220

The office started sending out a Job Satisfaction Survey. Please be on the lookout for it. Thank you in advance for taking the time to fill it out. We want to continually improve our processes. Please leave comments in the boxes provided to assist us!



If you need additional care notes for a client's home, they are inside the front lobby on the table. If you cannot locate them, please ask an office staff member.

Birthdays for August

Eleana August 3rd

David August 3rd

Rosemarie August 6th

Rebecca August 22

Christine August 31st



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