

BLANCHE

ngAngels.

Today's

Your

Birthday

Hap/Py

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Senior Living Today

103

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CLOSED

Our office will be closed on July 5th in observance of the holiday weekend. Please be safe and drink plenty of water and use sunscreen.

BLANCHE'S DAY

One of our beloved clients is turning **103 years old** on July 15th,2021. Blanche, it is a pleasure to share time with you. You have experienced so much in your life and we have learned so many valuable things that we can share with future generations. Thank you Blanche for being **YOU**

HAPPY BIRTHDAY LOVELY BLANCHE



We are hiring for all shifts Competitive wages Voted Best in Employer by Home Care Pulse Please send resume to dshiplet@visitingangels.com



We are planning a picnic or get together for our caregivers coming soon. Please check your email occasionally. We will send an invite, when we finalize a date. Thank you for all you do each day!



America's choice in home care

2628 N ELIZABETH STREET, PUEBLO, CO 81003



At Visiting Angels you'll receive a personalized care plan based around your loved one's needs. Before you begin, we understand that you may be overwhelmed with questions about how our home care services work. We provide a FREE consultation in your home to answer all of your questions.



REUNION SHOW

 Dave Ritterling, Vice President of Global Operations and past owner of Visiting Angels Pueblo joined Brian Arant, our current owner of Visiting Angels, on the Senior Living Today radio show.
The Senior Living Today Show is the longest running senior radio show in America. The show is hosted and sponsored by Visiting Angels Pueblo. The show is about seniors, for seniors and those who love them.

(719) 543-4220

KEEPING HYDRATED IN THE SUMMER HEAT



TIPS FOR STAYING HYDRATED

- 1. Don't wait till you're thirsty to drink. By the time you feel thirsty, you're already slightly dehydrated.
- 1. Flavor your water, you may drink more
- 2. Eat water-rich fruits and vegetables.
- 3. Stay inside when it gets too hot.

HAPPY

4. Dress for the weather and wear a hat

Jennifer July 9th Brianna July 11th Beatrice July 11th Jamie July 19th

Caregiver Training

Training is provided to all of our staff here at Visiting Angels. There are many benefits you gain from completing those training sessions.

Continuing with your education can help you to obtain the required skills and knowledge you need to serve our clients. Each training session is paid for by our

Visiting Angels' Pueblo office. Do you realize they are mandatory for employment with our agency.

Our office wants to meet requirements, but we also want to have the MOST skilled home agency workforce to ensure our

clients have the **BEST** of care. If you are behind on training **SEE Deania** immediately. Otherwise, you will have to pick up your check and finish trainings in the office before you can collect your check

Jerore you can collect your check



DISABILITY PRIDE MONTH



FAMILY MOMENTS

The summer is a perfect time to have family reunions. Most seniors would love to see their children, grandchildren and great-grandchildren. When you all meet, please visit with the eldest of your family. It may be the last time they will take part in a family function.



Gather as much family history as you can at these functions. Take the time to listen to their stories and pass those stories on to the next generation. Time passes too quickly.

WOMAN WHOSE CHILDREN HAVE

HILDREN BUT IS FAR TOO YOUNG,

GORGEOUS & GLAMOROUS TO

BE CALLED GRANDMA.

VisitingAngels.

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Disability Pride Month is quite a new commemoration to celebrate persons with disabilities. The month of July was chosen because it aligns with the month Americans with Disabilities Act was passed into law in the United States of America.

Disability Pride is defined as "accepting and honoring each person's uniqueness and seeing it as a natural and beautiful part of human diversity"

BEST FOODS FOR PICNICS



Potato Salad Fried Chicken Watermelon Pasta Salad

Pinwheel Sandwiches Bread, Cheese and Cold Cuts

> Deviled Delights Ready to Grill

Lemonade Fruit Salad

Make sure to keep food chilled if refrigeration is needed. For bowls, you can add a couple cubes to a larger bowl and place your smaller serving bowl inside. For plates and platters, add ice to a clean plastic or metal tub and place your dish on top. This will keep everything super cold, and won't take up too much additional space on your table. Keep items covered to prevent flies and dirt getting to food.

July 23rd

Happy Gorgeous Grandma Dayl gorgeous grandmas out there. Please go and hug your gorgeous grandma today

2628 N Elizabeth St, Pueblo, Co 81003 (719) 543-4220