## Warning Signs of Dementia

The onset of the psychiatric and cognitive symptoms of dementia can vary depending on what is causing it, and the location and number of damaged brain cells. Some types of dementia progress slowly, while others cause a sudden onset of symptoms; warning signs will be observed. In elderly care, Alzheimer's disease is the most common cause of dementia, but it can also be caused by a blockage of blood supply to the brain, sustained use of alcohol, head trauma, as well as some other causes.

Dementia refers to a group of symptoms caused by the damage or death of the brain's nerve cells. Warning signs can include when an individual has trouble with new memories, relies on memory helpers, has trouble finding words, and/or struggles with completing familiar actions. There can be confusion about time, place, or people, and the misplacement of familiar objects. Depression, irritability, and even personality changes can be seen in a person with the onset of dementia. The loss of interest in important responsibilities may be a warning sign, as well as bad decision making. Other psychiatric symptoms which are warning signs are seeing or hearing things, or expressing false beliefs. An individual is likely to need elder care services if they are exhibiting these warning signs in order for them to be safe.

Warning signs and symptoms should be observed closely in order to communicate well with physicians for proper diagnosis and treatment. A patient should be seen by a doctor who is an expert in dementia, and should have complete medical tests as well as neuropsychological tests.

Visitingangels.com provides non-medical elder care home services, and their staff is trained and qualified to care for individuals with dementia. This allows for the individual to remain in the familiar surroundings of their homes, while providing respite care for their families.

*Bio:* Grace Enderlein is a freelance writer and editor. "Warning Signs of Dementia" notes the cognitive and psychological symptoms and warning signs of dementia observed in elderly care. Visitingangels.com provides home care services.